

SECTION C — (3 × 10 = 30 marks)

Answer any THREE questions.

16. Examine the importance of personal and oral hygiene. Add a note on good health.
 17. Elaborate on the malnutrition aromatics.
 18. Elucidate the causes and symptoms of COVID-19.
 19. Classify Diabetes with their treatment measure.
 20. Describe the objectives of WHO and UNICEF.
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NOVEMBER/DECEMBER 2025

**23USBT13 — PUBLIC HEALTH AND
HYGIENE (SEC)**

Time : Three hours

Maximum : 75 marks

SECTION A — (10 × 2 = 20 marks)

Answer ALL questions.

How does air pollution contribute to health hazards?

Name two waterborne diseases and mention their causes.

3. What are dietary fibers, and why are they important in nutrition?
4. Why is breastfeeding important for an infant's health? Mention two benefits.
5. Name the bacteria responsible for tuberculosis and mention one way it spreads.
6. What are Sexually Transmitted Diseases (STDs)? Give two examples.

7. What are the common causes of peptic ulcers?
8. List two symptoms of rheumatoid arthritis and one preventive measure.
9. What are the key roles of the Indian Red Cross Society (IRC) in disaster relief?
10. How does WHO contribute to global health emergencies?

SECTION B — (5 × 5 = 25 marks)

Answer ALL questions.



11. (a) Discuss the impact of pollution on human health.

Or

- (b) What are the health hazards associated with mobile cell tower radiation and electronic devices?

12. (a) Describe about macro nutrients.

Or

- (b) Explain the significance of breastfeeding for both the baby and the mother.

13. (a) Outline the causes, symptoms, and preventive measures for tuberculosis?

Or

- (b) Explain the modes of transmission and prevention of sexually transmitted diseases (STDs) like AIDS and syphilis.

- (a) Describe the causes, symptoms, and remedies for common gastrointestinal disorders.

Or

- (b) Summarize the causes, symptoms, and preventive measures for constipation.

15. (a) Explain the role of UNICEF in child healthcare and nutrition.

Or

- (b) Discuss two major initiatives taken by UNICEF to improve child welfare globally.